



SDYC Ton Cup Sailing Instructions

May 1, 2026

Organizing Authority
San Diego Yacht Club

1. RULES

- 1.1. The race will be governed by the current 'Rules' as defined in the **Racing Rules of Sailing**.
- 1.2. The race will be run in J/22 type boats, as provided and with all associated safety and supplied equipment on board. This is not a sanctioned J/22 Class event.
- 1.3. The first two sentences of *Rule 44.1* are changed to: '*A boat may take a One-Turn Penalty when she may have broken one or more rules of Part 2 in an incident while racing, or rule 31.*'
- 1.4. *RRS 60.2(a)* is modified to add the additional requirement: A boat intending to protest shall report her intentions and the boat(s) being protested to the R/C upon finishing or retiring and obtain R/C acknowledgment. No red flag is required.
- 1.5. All competitors in this regatta shall wear, while on the water, other than for brief periods while adding or removing clothing, a PFD. (This changes RRS 40 and the preamble to RRS Part 4).
- 1.6. SI Attachment B will apply (boat handling rules).

2. REGATTA FORMAT

- 2.1. The regatta will be sailed as a round robin regatta with rotations as outlined in Addendum A.
- 2.2. Regatta format may be modified if time requires.

3. ENTRY

- 3.1. Entry is as stated in the NOR Section 2.

4. NOTICES TO COMPETITORS

- 4.1. Notice to competitors will be posted on the Official Notice Board located at the end of E Dock.
- 4.2. Competitors Meeting will be held Friday May 1, 2026 at 1230 on the end of E dock.

5. CHANGES TO THE SAILING INSTRUCTIONS

- 5.1. Any written changes to these Sailing Instructions will be posted on the Notice Board not later than 1200 of race day. At the same time, flag L will be hoisted on the dockside pulpit and accompanied by a sound signal to indicate there is an amendment to the sailing instructions.
- 5.2. In accordance with RRS 90.2 (c), oral changes to the Sailing Instructions may be made on the dock or water. A change is in effect when the R/C signal boat displays flag L over A with one sound signal. This means come within hail of the R/C boat to receive the oral changes to the Sailing Instructions.

6. SIGNALS MADE ASHORE

- 6.1. Signals made ashore will be displayed from the small pulpit located at the center of the E dock well.

7. MARKS

- 7.1. Marks of the course will be yellow tetrahedrons.



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8. THE START

- 8.1 The Warning Signal for the first race on Friday will be at 1300.
- 8.2 Races will be started using a three-minute sequence (Appendix U).
- 8.3 Race # may be posted on a board or announced on PA from the Signal Boat.
- 8.4 Start line will be between an orange flag displayed on a staff on the signal boat and a pink tet.
- 8.5 No initial Warning Signal will be made later than 1600.
- 8.6 The R/C will attempt to notify boats OCS by loud hail using the sail number of each boat On Course Side. **Flag X will not be displayed (per Appendix U).** Failure of equipment, failure to hear a hail, delay in hailing or the order in which hails are given will not be grounds for redress.

9. THE COURSE

- 9.1. The courses will be as follows and will be displayed on a large digital number board on the signal boat:
Course 1: W – L – W – Finish
Course 2: W – Finish
Course 3: W-L-Finish (S/F in the middle)

10. THE FINISH

- 10.1. The finish line will be to starboard of the start boat between a blue flag on a staff on the signal boat and a white ball.

11. PROTESTS

- 11.1. A boat intending to request redress because of circumstances that arise before she finishes or retires shall notify the R/C as soon as possible after she becomes aware of those circumstances, but no later than two minutes after finishing or retiring.
- 11.2. Protests will be heard on the R/C vessel Bessemer, located in at the end of E dock, as soon as possible after the incident. A list of protests will be posted on a whiteboard alongside Bessemer.
- 11.3. Protests hearings will use three-minute justice. Each party will have the opportunity to present their case in one minute. The judge will have one minute to make a decision. Decisions made by the jury are final. If no decision can be made in one minute, the protest will be disallowed.
- 11.4. The protest committee may take evidence in any way it considers appropriate and may communicate its decision orally.
- 11.5. When a supplied boat suffers a breakdown, rule D5 applies. In D5.4 the word “team” will be replaced with “boat.”
- 11.6. A party to the hearing may not ask for a reopening. This modifies rules RRS 60.2(a)(1), 60.3(b), 61.2(a), 63.1(a)(1), 64.

12. SCORING

- 12.1. Race committee will attempt to run an equal number of races for all competitors.
- 12.2. A team’s score will be the average of her race scores to two decimal places with no scores excluded. This modifies RRS A2.
- 12.3. Ties will be broken per RRS A8, regardless if the boats sailed against one another.
- 12.4. Ties that cannot be broken per RRS A8 will be broken by coin toss.
- 12.5. Trophies will be awarded on Sunday, May 3 along with the Yachting Cup Awards.



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BOAT HANDLING ATTACHMENT B

1. GENERAL

While all reasonable steps are taken to equalize the boats, variations will not be grounds for redress. This changes RRS 61.

2. PROHIBITED ITEMS and ACTIONS

Except in an emergency or in order to prevent damage or injury, or when directed by the OA, otherwise, the following are **prohibited**:

- 2.1. Any additions, omissions or alterations to the equipment supplied.
- 2.2. The use of any equipment for a purpose other than that intended or specifically permitted.
- 2.3. The replacement of any equipment without the sanction of the R/C.
- 2.4. Sailing the boat in a manner that it is reasonable to predict that significant further damage would result.
- 2.5. Moving equipment from its normal stowage position except when being used.
- 2.6. Hauling out a boat or cleaning surfaces below the waterline.
- 2.7. Attaching lines to the fabric of spinnakers.
- 2.8. Perforating sails, even to attach tell tales.
- 2.9. Adjusting or altering the tension of standing rigging, excluding the backstay.
- 2.10. Using a winch to adjust any halyard, the mainsheet, backstay, or vang.
- 2.11. The use of electronic instruments other than watches.
- 2.12. Using the spinnaker pole to wing out the foresail.
- 2.13. Attaching the end of the spinnaker pole to the shrouds for stowage.
- 2.14. Marking directly on the hull or deck with permanent ink.
- 2.15. After the starting signal and while sailing close hauled for more than a few seconds, the main boom position shall be controlled only by using the mainsheet as it exits the block on the cockpit floor, the traveler, or vang.
- 2.16. The use of the shrouds (including any inner shrouds) above the lower bottle screw (turnbuckle) to facilitate tacking or gybing, or to aid the projection of a crew member out board is prohibited.
- 2.17. Omitting any headsail car or turning block before sheeting to a winch.
- 2.18. Reducing the purchase of the jib sheets to less than 2:1 before being led around a winch.
- 2.19. Reducing the purchase of the mainsheet or omitting blocks or sheaves to less than 3:1.



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BOAT HANDLING ATTACHMENT B *(continued)*

3. PERMITTED ITEMS and ACTIONS

The following are permitted:

3.1. Taking on board the following equipment:

- (a) basic hand tools
- (b) adhesive tape
- (c) line (elastic or otherwise of 4 mm diameter or less)
- (d) non-permanent marking pens
- (e) tell-tale material
- (f) watch, timers and hand-held compass
- (g) shackles and clevis pins
- (h) velcro tape

3.2. Using the items in 2.1 to:

- (a) prevent fouling of lines, sails, and sheets
- (b) attach tell tales
- (c) prevent sails being damaged or falling overboard
- (d) mark control settings
- (e) make minor repairs and permitted adjustments

3.3. Fixing a spinnaker sheet catcher at the bow, providing that it does not extend the length of the boat more than 100 mm and does not require any repair after removal.

4. MANDATORY ITEMS and ACTIONS

The following are mandatory.

4.1. Damage shall be reported to the regatta chair during each rotation. In the event damage cannot be attributed to a particular team, the repair costs will be divided evenly amongst all the competing teams.

4.3. At the end of each sailing day:

- (a) rolling, bagging and placement of the sails as directed
- (b) leaving the boat in the same state of cleanliness as when first boarded that day
- (c) releasing backstay tension

4.4. At the end of the final day for a particular boat, cleaning the boat (cabin and decks), removing all trash and removing all tape and marks.

4.5. Any request to alter, in any way, the equipment on a boat shall be in writing and worded to permit a yes/no answer.

4.6. Contact between racing boats shall be reported to the race committee or OA immediately upon completion of the race, even if the boat(s) exonerated themselves and/or no protest is filed.

4.7. Contact with any non-affiliated vessel shall be reported to the OA immediately.